

CAFETERIA FOOD OPTIONS



WEEK OF 3RD OF JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OPTION 1</p> <p>Starter Vegetarian salad Avocado, tomatoes, onions, peppers, cucumbers, vinaigrette</p> <p>Main meal Beef taco pasta Penne pasta, ground beef, tomatoes, onions, garlic and olive oil</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Nicotise salad Tuna, eggs, potatoes, tomatoes, onions, olives, nicotise vinaigrette</p> <p>Main meal Vegan taco pasta Penne pasta, mushrooms, vegetables, tomatoes, onions, garlic and olive oil</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Russian salad Potatoes, carrots, eggs, olives, peas, parsley, home made mayonnaise</p> <p>Main meal Chicken sandwich Pain a fancienne, chicken breast, tomatoes, onions, aiol sauce</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Fresh vegetable salad Cucumber, cherry tomatoes, red pepper, celery, onions, parsley, vinaigrette</p> <p>Main meal Roasted portobello mushrooms Mushrooms, olive oil, garlic, parsley</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Orange cinnamon salad Orange, cinnamon, mint</p> <p>Main meal Fish Fingers Smashed potatoes, and fried fish fingers</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Pumpkin soup Pumpkin, onions and garlic</p> <p>Main meal Potato curry Potatoes, tomatoes, cilantro, curry</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Avocado cucumber tomato salad Avocado, grape tomatoes, cucumber, cilantro, vinaigrette</p> <p>Main meal Minced meat tagine Ground beef, grilled potatoes, mushroom sauce</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Greek salad Tomatoes, cucumbers, onions, olives, crumbled feta cheese, oregano and olive oil</p> <p>Main meal Veggies fried rice Long-grain rice, eggs, zucchini, carrots, peas, soybean germ and soy sauce</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Liben Butter milk</p> <p>Main meal Couscous Couscous, beef chuck, onions, tomatoes, chickpeas, cabbage, carrots, zucchini, pumpkin</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Moroccan carrot salad Carrots, lemon juice, olive oil and cilantro</p> <p>Main meal Veggies Penne Penne, peppers, carrots, mushrooms, broccoli, zucchini, pesto sauce</p> <p>Dessert Selection from yogurts variation</p> <p>OPTION 3</p> <p>Main meal Chicken Penne Penne, chicken, mushrooms, basil, creamy sauce</p>

WEEK OF 10TH OF JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OPTION 1</p> <p>Starter Chopped salad Romaine lettuce, red cabbage, onions, celery, cherry tomatoes, chickpeas, vinaigrette</p> <p>Main meal Bolognese spaghetti Spaghetti, minced beef meat, tomatoes, basil, mozzarella cheese</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Garlic sauteed mushrooms Mushrooms, thyme, garlic</p> <p>Main meal Vegetarian spaghetti Spaghetti, vegetables, tomatoes, basil</p> <p>Dessert Selection from fruits variation</p>	<p>OPTION 1</p> <p>Starter Coleslaw Green cabbage, red cabbage, carrots, home made mayonnaise</p> <p>Main meal Hot dog</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Gaspacho Tomatoes, red peppers, green peppers, cucumber and onions</p> <p>Main meal Fish Fingers Smashed potatoes, grilled white fish fillet and Aioli</p> <p>Dessert Selection from fruits variation</p>	<p>OPTION 1</p> <p>Starter Macaroni salad Macaroni, red pepper, onions, celery, hard boiled eggs, home made mayonnaise</p> <p>Main meal Fish Fingers Smashed potatoes, grilled white fish fillet and Aioli</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Spicy avocado Avocado, onions, red peppers, cilantro, lime juice and chili</p> <p>Main meal Crispy cauliflower Smashed potatoes, baked cauliflower, olive oil and fresh cilantro, vegetables</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Moroccan salad Tomatoes, onions, green pepper, vinaigrette</p> <p>Main meal Chicken tagine Chicken, potatoes, onions, olives, whole wheat bread</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Lentil soup Lentil, tomatoes, carrots, onions</p> <p>Main meal Zucchini fritters Zucchini, scallions, eggs, olive oil</p> <p>Dessert Selection from yogurts variation</p>	<p>OPTION 1</p> <p>Starter Liben Butter milk</p> <p>Main meal Couscous Couscous, beef chuck, onions, tomatoes, chickpeas, cabbage, carrots, zucchini, pumpkin</p> <p>Dessert Selection from fruits variation</p> <p>OPTION 2</p> <p>Starter Salad tomato mozzarella Tomatoes, mozzarella, olive oil and basil</p> <p>Main meal Veggies Penne Penne, peppers, carrots, mushrooms, broccoli, zucchini, pesto sauce</p> <p>Dessert Selection from yogurts variation</p> <p>OPTION 3</p> <p>Main meal Chicken Penne Penne, chicken, mushrooms, basil, creamy sauce</p>